

1984 Region 3A Girls Championship at Montevideo on Friday, June 1st

Teams: Milroy 64, Benson 45, Sleepy Eye 42, Ivanhoe/Hendricks 38, Redwood Falls 34, Canby 31, Tracy 31, Montevideo 21, Granite Falls 20, Clarkfield 19, Prinsburg Central Christian 19, Ortonville 16, Appleton/Milan 16, Walnut Grove 14, Russell-Tyler 14, Dawson-Boyd 14, Wabasso 14, Sanborn/Lamberton 12, Bird Island/Lake Lillian /Olivia 10, Bellingham 8, Cedar Mountain 8, Renville/Sacred Heart 6, Maynard 4, Cottonwood 2, Clara City 1, Belview 1.
Balaton 8?

100

- 1 Mary Jo Miller, Mil 12.3
- 2 Lisa VanEps, PCC 12.4
- 3 Taunja Ohlson, Clk 12.7
- 4 Jo Rosenstangl, SE 12.7
- 5 Mary Kosse, Tra 12.7
- 6 Penni Ammerman, CC 13.0

200

- 1 Lisa VanEps, PCC 26.7
- 2 Teresa Warner, RF 26.8
- 3 Deb Keithahn, Ben 27.1
- 4 Taunja Ohlson, Clk 27.6
- 5 Karla Knothe, Mon 27.7

400

- 1 Dawn Buller, I/H 64.4
- 2 Shauna Wendland, Bala 64.8
- 3 Deanna Monson, A/M 65-0
- 4 Nancy Oschendorf, D-B 65.2

800

- 1 Karla Zylstra, I/H 2:27.0
- 2 Karla Wenner, CM 2:29.6
- 3 Darlene Jensen, D-B 2:31.3

1600

- 1 Jill Slettedahl, GF 5:16.2
- 2 Karla Zylstra, I/H 5:33.0
- 3 Stacey Ohlson, Clk 5:43.0

3200

- 1 Jill Slettedahl, GF 11:55.8
- 2 Randi Funk, Ort 12:32.7

100 Hurdles (30")

- 1 Luanna VanMeveran, Wab 15.2
- 2 Yvette Albrecht, Mon 15.5
- 3 Cathy Fragodt, Ben 15.8
- 4 Ann Estlie, D-B 15.8

200 Hurdles (30")

- 1 Lisa Jakes, BI/LL/O 31.3
- 2 Tammy Meyer, SE 31.5
- 3 Yvette Albrecht, Mon 31.6
- 4
- 5
- 6 Cathy Fragodt, Ben 32.4

4x100 Relay

- 1 Tracy 52.9
- 2 Milroy 53.2
- 3 Ortonville 53.2
- 4
- 5
- 6 Renville/Sacred Heart 54.6

4x200 Relay

- 1 Milroy 1:51.1
- 2 Redwood Falls 1:52.2
- 3 Ortonville 1:52.4
- 4 Renville/Sacred Heart 1:52.9
- 5 Ortonville 1:54.2

4x400 Relay

- 1 Ivanhoe/Hendricks 4:16.1
- 2 Benson 4:16.3
- 3
- 4
- 5
- 6 Renville/Sacred Heart 4:28.8

4x800 Relay

- 1 Redwood Falls 10:41.8
- 2 Sleepy Eye 10:43.6
- 3
- 4
- 5
- 6 Clarkfield 11:03.2

Shot Put

- 1 Amy Farber, WG 36-3
- 2 Rena Vermeire, R-T 34-9.75
- 3
- 4 Chris Hubred, Mon 33-0.75

Discus Throw

- 1 Anne Cook, SE 106-7
- 2 Tammy Kruse, Can 103-11
- 3
- 4
- 5 Joan Longhenry, Clk 99-2
- 6 Jodi Slagter, PCC 95-4

Long Jump

- 1 Sue Mathiswetz, SE 17-11.75
- 2 Cathy Fragodt, Ben 17-6
- 3 Beth Jeremiason, Can 16-9.75
- 4 Liz Blasey, Ben 16-9.5
- 5 Dana Sandven, A/M 15-10
- 6 Yvette Albrecht, Mon 15-8.75

High Jump

- 1 Jane Lanoue, Mil 5-2
- 2 Dana Sandven, A/M 5-1
- 3
- 4 Heidi Hubel, Mayn 5-0

* Ties Meet Record

** New Meet Record

Notes: